

Contents

FOREWORD xi
Jamil Ahmad, MD, FRCSC

PREFACE xii

ACKNOWLEDGMENTS xiii
Jeffrey E. Janis, MD, FACS

CONTRIBUTORS xiv

PART I ♦ BASIC CONSIDERATIONS

CHAPTER 1: THE AESTHETIC SURGERY PATIENT	3
<i>Sammy Sinno, Jeremie Oliver Piña</i>	
CHAPTER 2: THE ARTISTRY OF PLASTIC SURGERY	8
<i>Sammy Sinno, Jeremie Oliver Piña</i>	
CHAPTER 3: PHOTOGRAPHY FOR THE AESTHETIC SURGEON	13
<i>Ara A. Salibian, Anmol Chattha</i>	
CHAPTER 4: MEDICOLEGAL CONSIDERATIONS IN AESTHETIC SURGERY	19
<i>Sammy Sinno, Jeremie Oliver Piña</i>	

PART II ♦ ANESTHESIA

CHAPTER 5: BASICS OF ANESTHESIA FOR THE AESTHETIC SURGERY PATIENT	27
<i>Aaron M. Kearney, Sammy Sinno, Anmol Chattha</i>	
CHAPTER 6: PERIOPERATIVE ANESTHESIA CONSIDERATIONS FOR THE AESTHETIC SURGERY PATIENT	32
<i>Aaron M. Kearney, Sammy Sinno</i>	
CHAPTER 7: PROCEDURE-SPECIFIC ANESTHESIA GUIDELINES FOR THE AESTHETIC SURGERY PATIENT	37
<i>Anmol Chattha, Sammy Sinno, Aaron M. Kearney</i>	
CHAPTER 8: MULTIMODAL ANALGESIA FOR THE AESTHETIC SURGERY PATIENT	42
<i>Anmol Chattha, Sammy Sinno, Aaron M. Kearney</i>	

PART III ♦ SAFETY

CHAPTER 9: SAFETY CONSIDERATIONS IN AESTHETIC SURGERY	49
<i>Adam Jacoby, Anmol Chattha</i>	
CHAPTER 10: DECREASING COMPLICATIONS IN AESTHETIC SURGERY	55
<i>Sammy Sinno, Jeremie Oliver Piña</i>	
CHAPTER 11: VENOUS THROMBOEMBOLISM AND THE AESTHETIC SURGERY PATIENT	60
<i>Ara A. Salibian, Anmol Chattha</i>	

PART IV ♦ SKIN CARE

CHAPTER 12: THE MEDI SPA AND OTHER PRACTICE CONSIDERATIONS	69
<i>Sammy Sinno, Jeremie Oliver Piña</i>	
CHAPTER 13: ANATOMY, PHYSIOLOGY, AND DISORDERS OF THE SKIN	74
<i>Sammy Sinno, Jeremie Oliver Piña</i>	

CHAPTER 14: COSMECEUTICALS AND OTHER OFFICE PRODUCTS 81*Sammy Sinno, Michael E. Nissan***CHAPTER 15: ETHNIC SKIN CARE** 85*Sammy Sinno, Michael E. Nissan***PART V ♦ NONINVASIVE AND MINIMALLY INVASIVE THERAPY****CHAPTER 16: BASICS OF LASER THERAPY** 93*Ara A. Salibian***CHAPTER 17: ABLATIVE LASER RESURFACING** 98*Juan L. Rendon, Simon Moradian***CHAPTER 18: NONABLATIVE LASER RESURFACING** 106*Ira L. Savetsky***CHAPTER 19: CHEMICAL PEELS** 115*Juan L. Rendon, Simon Moradian***CHAPTER 20: DERMABRASION** 126*Stelios C. Wilson***CHAPTER 21: BOTULINUM TOXIN** 134*Sammy Sinno, Simon Moradian, Aaron M. Kearney***CHAPTER 22: SOFT TISSUE FILLERS** 140*Nima Khosravani, Anup Patel, Simon Moradian***CHAPTER 23: FAT GRAFTING** 154*Stelios C. Wilson***CHAPTER 24: TREATMENT OF PROMINENT VEINS** 160*Sammy Sinno, Jeremie Oliver Piña***PART VI ♦ ADJUNCTS TO AESTHETIC SURGERY****CHAPTER 25: TISSUE GLUES** 169*Sammy Sinno, Jeremie Oliver Piña***CHAPTER 26: FIXATION DEVICES** 173*Sammy Sinno, Jeremie Oliver Piña***CHAPTER 27: IMPLANTS AND ALLOPLASTS (NONBREAST)** 178*Nima Khosravani, Sammy Sinno, Jeremie Oliver Piña***CHAPTER 28: PROGRESSIVE TENSION SUTURES** 183*Stelios C. Wilson, Simon Moradian***PART VII ♦ FACIAL SURGERY****CHAPTER 29: PERIORBITAL ANATOMY** 193*Anmol Chattha, Elbert E. Vaca***CHAPTER 30: FACE AND NECK ANATOMY** 199*Jacob Nathaniel Grow, Christopher C. Surek***CHAPTER 31: FACIAL ANALYSIS** 211*Ira L. Savetsky, Anmol Chattha***CHAPTER 32: HAIR TRANSPLANTATION** 226*Sammy Sinno, Jeremie Oliver Piña*

CHAPTER 33: BROWLIFT	231
<i>Cameron R. Erickson, Michael R. Lee</i>	
CHAPTER 34: UPPER BLEPHAROPLASTY	236
<i>Elbert E. Vaca, Anmol Chattha</i>	
CHAPTER 35: LOWER BLEPHAROPLASTY	242
<i>Joseph A. Kelling, Michael R. Lee</i>	
CHAPTER 36: ASIAN BLEPHAROPLASTY	249
<i>Sammy Sinno, Michael E. Nissan</i>	
CHAPTER 37: CORRECTION OF THE TEAR TROUGH DEFORMITY	258
<i>Elbert E. Vaca, Anmol Chattha</i>	
CHAPTER 38: LATERAL CANTHOPEXY	261
<i>Elbert E. Vaca, Anmol Chattha</i>	
CHAPTER 39: BLEPHAROPTOSIS	265
<i>Adam Jacoby, Anmol Chattha</i>	
CHAPTER 40: MIDFACE REJUVENATION	270
<i>David A. Sterling, Christopher C. Surek</i>	
CHAPTER 41: PERIORAL REJUVENATION	280
<i>Ira L. Savetsky, Anmol Chattha</i>	
CHAPTER 42: FACELIFT	289
<i>Cameron R. Erickson, Michael R. Lee, Simon Moradian</i>	
CHAPTER 43: THE NASOLABIAL FOLD	297
<i>Jacob Nathaniel Grow, Christopher C. Surek</i>	
CHAPTER 44: NECKLIFT	305
<i>Ira L. Savetsky, Simon Moradian</i>	
CHAPTER 45: RHINOPLASTY	315
<i>Elbert E. Vaca, Simon Moradian</i>	
CHAPTER 46: SECONDARY RHINOPLASTY	328
<i>Sammy Sinno, Michael E. Nissan, Simon Moradian</i>	
CHAPTER 47: ETHNIC RHINOPLASTY	340
<i>Anup Patel, Simon Moradian</i>	
CHAPTER 48: LIP AUGMENTATION	355
<i>David A. Sterling, Christopher C. Surek</i>	
CHAPTER 49: GENIOPLASTY	362
<i>Sammy Sinno, Michael E. Nissan</i>	
CHAPTER 50: OTOPLASTY	372
<i>Stelios C. Wilson</i>	

PART VIII ♦ BREAST SURGERY

CHAPTER 51: BREAST ANATOMY	387
<i>Ara A. Salibian, Anmol Chattha</i>	
CHAPTER 52: BREAST AUGMENTATION	392
<i>Nima Khosravani, Anup Patel, Anmol Chattha</i>	
CHAPTER 53: MASTOPEXY	402
<i>Shervin Etemad, Salam Kassis, Jacob G. Unger</i>	
CHAPTER 54: AUGMENTATION-MASTOPEXY	408
<i>Shervin Etemad, Salam Kassis, Jacob G. Unger</i>	

CHAPTER 55: BREAST REDUCTION 413

Juan L. Rendon, Anmol Chattha

CHAPTER 56: GYNECOMASTIA 421

Ira L. Savetsky

PART IX ♦ BODY CONTOURING

CHAPTER 57: LIPOSUCTION 431

Adam Jacoby, Simon Moradian

CHAPTER 58: BRACHIOPLASTY 436

Adam Jacoby

CHAPTER 59: BUTTOCK AUGMENTATION 442

Sammy Sinno, Michael E. Nissan

CHAPTER 60: ABDOMINOPLASTY 449

Juan L. Rendon, Simon Moradian

CHAPTER 61: MEDIAL THIGH LIFT 461

Ara A. Salibian

CHAPTER 62: BODY CONTOURING IN MASSIVE-WEIGHT-LOSS PATIENTS 466

Adam Jacoby

CHAPTER 63: FEMALE AESTHETIC GENITAL SURGERY 472

Sammy Sinno, Jeremie Oliver Piña

CHAPTER 64: NONINVASIVE BODY CONTOURING 477

Stelios C. Wilson

CHAPTER 65: AESTHETICS OF GENDER AFFIRMATION SURGERY 487

Juan L. Rendon

INDEX 502